

## Registration Includes:

- Performance T-Shirt (If registered by Sept 4)
- Chris Cakes Pancake Breakfast
- Family Entertainment



## 10K, 5K AND 1 MILE WALK/RUN

SAT | SEPT 29 | 9 AM SIUE CAMPUS BIRGER HALL PARKING LOT



- \$5 Discount for SIUE alumni
- Awards for top male/female 5K/10K
- >>> Medals for top 2 in each age group
- \$5 Entry Fee for SIUE Students for 10K, 5K and 1 Mile Walk/Run



\$5 Increase Starting September 15

**5K** \$30 entry **10K** \$40 entry

1 MILE
WALK/RUN
\$5
entry

All proceeds benefit scholarships for SIUE Students



REGISTER TODAY



runsignup.com/cougarsunleashed